

Hey Love,

I realize you know this...just sharing it for clarification.

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Everything shared on DeniseDare.com is created with the intention to inspire love + hope + joy. The purpose of this site + biz is based on the belief that gratitude is the foundation of happiness. That play is essential. That happiness is our purpose and love is the way.

We believe that this is your life + your choice. That each of us has power to heal + thrive. As we learn to be more aware of our bodies, heart, minds, and souls, we free ourselves to become ever more who we are.

When we observe our challenges as opportunities, we give ourselves the gift of presence, awareness, and powerful transformation. As we take loving care of ourselves, we establish a strong foundation upon which to create the life we so desire and deserve.

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And as we learn to love ourselves, we can love others, and ultimately, love our great Earth Mother. Creating a love + happiness revolution is the way.

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Any Qs? Please feel free to contact denise@denisedare.com.

Thank you for reading, for being here, for being part of something magical...and for being you.

Cheering for you + hoping each beautiful challenge will inspire your transformation as you enjoy your own powerful journey!

Love + Peace,

Denise

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